Most students think that preparing to take the exams needed to qualify for your medical license is a daunting task.

It doesn’t have to be
With USMLE® Easy™ Test Prep

You will be taken on an easy to follow, well organized, and comprehensive path to moving beyond an understanding of the basic sciences to mastering the clinical skills you need to practice medicine.
Welcome to a video tutorial on the USMLE® Easy™ Test Prep

USMLE® Easy™ makes the questions hard, so passing is easy!

As you take the practice exams, USMLE Easy will get to know the depth of your knowledge quickly.

With powerful customization tools, adaptive learning technology, and more than 11,000 questions covering all the disciplines and organ systems, USMLE Easy helps you spend more time on the concepts you need to strengthen and less on the material you've already mastered.
Let’s get started.

This video tutorial will walk you through the simple steps in registering for an account with USMLE Easy. You will then be able to start your prep for the test, and put on the path to passing with flying colors.
First, you must register for an account at:
  www.new.usmle-easy.com/institution. Enter your NYMC.edu email as your user name and NYMC.edu password

To register from off-campus, go through our proxy server at:
  https://www-usmle-easy-com.lproxy.nymc.edu/

You will be taken to this screen.
Once you are logged in you will see the student dashboard, which displays your latest activities, course progress, and scores. Here, you can see what quiz you took last and easily resume your studying exactly where you left off.

To start, simply click on “START PRACTICE.”

Resources to help you bridge your knowledge gaps
This will take you to a screen that gives you the option for clicking on "Adaptive Practice Quiz," or "Create your Own Quiz."

The “Adaptive Practice Quiz” will select 10 questions based on what the database learns about your informational needs.

And, the more questions you answer in USMLE Easy, the more the database will learn about your strengths and weaknesses in certain subjects.
The “Create Your Own Quiz” option will take you to this screen where you can customize your quiz based on your individual study needs.

- You can choose questions from specific disciplines that you feel you need to review, such as Behavioral Sciences or Cell Biology.
You can also tailor your questions by selecting the Quiz Mode.

- Practice Mode gives you the correct answer with an explanation.
• **Test** mode withholds all answers and explanations until the quiz is finished.

• **Simulation** mode is a timed test that also withholds answers and explanations until completion.

• You can also select **Question Types**, based on past questions you couldn’t answer, got incorrect, or even skipped. In this way, you will always be reminded of what you need to review and repeat the questions you need to.
To begin a quiz, select your answer and then click “submit answer” at the bottom of the screen.

Q 7.1: The wife of a recently married 24-year-old medical student reports that even though her husband doesn’t snore, he stops breathing for periods of 1 to 2 minutes while he is sleeping. His physician refers him for a polysomnography study and pulmonary function testing, including ventilatory response curves. The tests confirm the apneic episodes during sleep and show depressed ventilatory responsiveness of the peripheral and central chemoreceptors. Both the peripheral and the central chemoreceptors mediate increased ventilation in response to which of the following?

A. Acute hypercapnia
B. Acute metabolic acidosis
C. Chronic hypercapnia
D. Chronic hypertension
E. Chronic hypoxemia
• The “Discussion” tab lets you begin a chat with others in this prep course.
• The “Performance” tab is open and gives information regarding difficulty level, what subjects cover this question, and the percentage of students who answered it correctly.
• The star allows you to write notes on this question. Then click “Mark for Review” at the bottom.
After you have completed your test, you can return to your dashboard. The left hand side of the screen indicates what quiz you took last. In the upper right hand corner under “Assessment Summary,” your performance results will be displayed.
The lower left hand corner of the dashboard gives you several options:

- **Target Test Day** allows you to select which date you will take the exam and set parameters that will help you study as you approach test day.
- **Course Progress** shows your progress of completion as you approach test day.
- **Full Length Test** allows you to take one full 8-hour test. **Please note: This test can only be taken once. So, only take it when you feel ready.**
- **Time Spent Per Week** displays the average amount of time you spend answering questions per week.
The bottom-right of the dashboard shows recommended readings based on what you need to spend more time on. In this example, the student should review Biochemistry. These texts in particular should be consulted.

After choosing the e-book, **Harper’s Illustrated Biochemistry**, 29e, Chapter 56, it will show up in the Access Medicine database as full text.
Clicking on the grey /blue icon in the upper left corner, will give you access to two other important tools on the dashboard. They are the Study Center and My Reports.
The **Study Center** offers e-flashcards for anatomical regions.

Clicking here will take you to the next screen so you can test your knowledge of anatomy.
Test your knowledge by filling in the numbers with the correct anatomical part in the diagram. We have answered “Lilac Crest” for # 1. Then when you click the flip icon …
...The answers are revealed. And as you can see, “Lilac Crest” is correct for question 1.
The study center tab also gives you the option for viewing and listening to Lectures. Clicking on “Lectures” will take you to a new screen listing scholarly talks on diagnosis and management of diseases.
You can easily follow along with the slides, graphics, and clear instructional audio.
The “My Reports” tab opens up a “Quiz Performance Report,” “Skill Report,” and “Proficiency Report.” These three tabs display data about your subject strengths and weaknesses based on your answers to quizzes.

In “Quiz Performance Report” and “Proficiency Report,” you can filter your performance results based on quiz mode, and subject area objectives.
You can also filter your performance results based on what you got correct vs. incorrect. As well as which questions you had previously “Marked for Review” with the notes tab after you submitted your answer.
Lastly, “Skill Report,” will give you an overall assessment of what subjects you need to spend more time on. As you have seen, USMLE Easy will guide you to the resources you need to review and the questions you need to answer.

The sooner you start, the sooner “Least Proficient Topics” will change to “Most.”
Have fun!